

# Rural Active Living Assessment Township of Bonfield

NORTH BAY PARRY SOUND DISTRICT HEALTH UNIT

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#### 1.0 OVERVIEW

The Township of Bonfield is one of a number of municipalities within the North Bay Parry Sound District Health Unit coverage area that is being assessed using a Rural Active Living Assessment (RALA) Tool. The RALA Tools were developed through the Maine Rural Health Research Centre of the University of Southern Maine. They were introduced to help rural communities (population of 10,000 or less) assess their physical environment and amenities, town characteristics, and community programs and policies. The tools enable communities to identify areas of improvement to better support active living amongst residents.

By completing the RALA scoring tools, communities in the United States have:

- Identified areas where their community may be weaker in physical activity opportunities.
- Sparked conversations about their communities to identify improvements requiring longer term planning or funding.
- Prioritized actions that were feasible for their community to address.
- Identified program and policy actions that will make their communities more activity-friendly.

This report documents the results of the RALA audit undertaken for the Hamlet of Bonfield. The findings present a detailed assessment of the community's existing infrastructure, transportation, and recreational facilities and structures that enable physical activity, active transportation, and active living. The report also identifies a series of preliminary recommendations for the Township of Bonfield to consider that will make it a more "active community". The results captured in this report should provide a launch point for further discussion and action, as the details captured in the audit can provide a baseline for the municipality to develop implementation plans to address active transportation, active living, parks and recreation planning, and program delivery.

The Township of Bonfield may use the findings of the RALA audit to:

- Inform future capital budget expenditures around the provision of transportation infrastructure, community facilities, and recreation programs.
- Maximize the use of community facilities.
- Improve signage and local tourism opportunities.
- Identify enhancements to beautify areas within the community.
- Improve pedestrian and cycling connectivity to facilitate safe and comfortable travel.
- Facilitate partnership development between the municipality, the North Bay Parry Sound District Health Unit, and other community partners to increase physical activity opportunities.

#### 2.0 PURPOSE OF THE RALA

The RALA Tools have been designed to help collect data on physical environment features and amenities, community characteristics, community programs, and policies that could potentially influence levels of physical activity among residents. These tools allow municipalities such as the Township of Bonfield to assess the "friendliness" of their community for walking, biking, and playing that is inclusive of children, youth, adults, the elderly, and people with disabilities. For example, the RALA Tools provide a structure for looking at the community as a whole. It also includes a detailed tool to evaluate specific "segments" of the community and assess the key characteristics of those segments. Finally, it provides a structure for assessing the programs and policies that may make the environment less activity friendly.

The RALA Tools include scoring tools that were developed by a committee made up of leaders in the physical activity, childhood obesity, community planning, and built environment fields in the United States. This tool is primarily intended for use in rural communities with a population less than 10,000. The items on the RALA tools were weighted and scored and subsequently assigned points/scores for the scoring tools. These scores can be used to compare the Township of Bonfield with other communities. Additionally, scores can also be used to assess Bonfield before an intervention or change in the community and then again afterwards for comparison purposes.

The RALA tools that were originally developed in the United States have been slightly modified by Dillon Consulting Limited (Dillon) to better fit the Canadian context. The original RALA tools included a buffer of upwards of 25 km² to capture rural communities that are spread over a large geographic area. Adjustments were made to areas of investigation and scoring tools based on radial distances that better reflect the size and geographic dispersion of the communities within the North Bay Parry Sound District Health Unit coverage area, as the communities under evaluation are less than 5 km². The Hamlet of Bonfield for instance, covers a land area of just over 2 km². Adjustments to radial distances were then specifically changed to reflect a range of acceptable walking catchments, including 400 m (representing a five minute walking distance for most people), 800 m (representing a 10 minute walking distance, and which is a distance radius for neighbourhood parks established by the National Recreation Association). As a result, the RALA scoring tools and assigned points/scores were also revised to reflect the adjustments to radial distances.

#### 3.0 COMPONENTS OF THE RALA

On September 30, 2013 a RALA audit was undertaken for the Township of Bonfield. The audit was performed by Dillon. The audit included a community wide assessment as well as two detailed street segment analysis of:

- 1. Yonge Street, which forms a spine of through the Hamlet of Bonfield; and
- 2. Bonfield's community core.

A Program and Policy Assessment was also undertaken as part of the RALA, through the assistance of the North Bay Parry Sound District Health Unit. These three assessment instruments are designed to be used together and provide a tool to conduct a comprehensive active living audit of the community. The RALA Tools include scoring tools to further help municipalities identify areas for improvement or change in their community. The scoring tools can also inform infrastructure and operational spending and create a dialogue among community members, leaders, and residents to make their communities more activity friendly. Each of the assessment tools are further described in the following sub-sections.

### 3.1 The Community-Wide Assessment

The broad-scale, Community-Wide Assessment will look at characteristics of Bonfield as a whole.

The community-wide assessment includes questions about specific community characteristics and about a number of recreational amenities that may not be within the community boundaries, but are nevertheless accessible to local residents. Rural community location patterns typically fall into one of the following categories, with shared amenities more common in the first two types:

- integrated (where one community seems contiguous with the next)
- intermediate (some development between communities, typically less than 25 kilometres between community centres)
- remote (where large undeveloped areas separate one community from the next)

Understanding a rural community's location pattern may be useful when trying to understand what resources (physical amenities, programs, and commerce) community residents have access to within and beyond their community.

#### Settlement Pattern

"Walkability" and connectivity will be determined to a great extent not only by the density of population and intersections, but by the overall pattern in which streets were laid out as the community was originally settled. Most rural communities fall into one of the following patterns:

• dispersed - There may be a community centre, but most of the population is spread out and may live several kilometres from the community centre. Such communities can be identified by low population density and will usually have few roads and few intersections.

- elongated This pattern is best exemplified by very small communities with only one major road passing through and most non-residential development along that road. Intersecting roads may lead to residential areas or schools, but are often not connected to each other, except by returning to the main thoroughfare.
- clustered This pattern often results from sub-divisions. A grid pattern or cul-de-sac pattern residential neighbourhood may be quite distant from the community centre, with only one thoroughfare connecting the neighbourhood to the community centre. Occasionally, a cluster will be commercial, rather than residential, as when a box-store (such as Walmart) locates on the edge of a community, and other retail businesses, restaurants, etc develop around the box-store.
- compact In areas where sprawl has been restricted, either by natural features or by landuse restrictions, both residential and commercial development is likely to have greater density. Grid patterns are more common in such communities. Connectivity is likely to be good, due to greater intersection density. Such communities are inherently more "walkable."

These settlement types may be clarified or refined by considering the pattern of highway, thoroughfare, and residential roads in a community beginning with radial vs. grid pattern, with possible combinations such as a radial pattern with neighbourhoods clustered along arteries having limited local grid patterns.

#### **Physical Features**

There are several natural and some man-made physical features that may create unique barriers in rural communities when trying to choose segments to audit. Physical features can include:

- Topography (especially in combination with road pattern)
- Rivers
- Lakes
- Limited access highways or active railroad tracks

Having a general understanding of the location patterns, settlement patterns, and physical features will aid in the selection of important factors that may aid or act as a barrier to physical activity in Bonfield.

#### 3.2 The Program and Policy Assessment

The Program and Policy Assessment assesses whether programs and policies are in place to support physical activity. It includes a range of questions that address municipal infrastructure, municipal resources to support recreation planning, physical activity programming, and equity and access to programs. The assessment also includes questions aimed at public and catholic schools operating within the district that would support physical activity initiatives for students and walkability programs.

In rural communities, programs and policies play a strong role to further support physical activity among youth, seniors, and people with disabilities. Programming is especially critical in extending the usability of existing recreational activities. Questions contained in the Program and Policy Assessment were completed with the assistance of the North Bay Parry Sound District Health Unit and through feedback from the Township of Bonfield.

## 3.3 The Street Segment Assessment

The more detailed Street Segment Assessment will involve identifying specific physical attributes of each segment of the community to further assess Bonfield activity-friendliness.

The detailed Street Segment Analysis evaluates proximity, condition, and accessibility of various community amenities based on the following criteria. Many of the questions in the assessment tools make reference to the community centre or "community central point." This is a reference point that best represents what the municipality or residents would most likely consider to be the center of the community. The detailed Street Segment Analysis evaluates the condition and accessibility of various community amenities based on the following criteria.

<u>Condition</u> was evaluated based on the following evaluation criteria:

- Fair/Poor The amenity is not well maintained and is in fair or poor condition. There is apparent neglect and/or deterioration.
- Good/Excellent The amenity is well maintained and is in good or excellent condition. There is little or no apparent neglect and/or deterioration.

Access was evaluated based on the following evaluation criteria:

- Clearly marked signs for amenity There is clear and legible signage posted specifically to direct visitors to the amenity.
- Sidewalks, trails, etc. leading to amenity There are sidewalks, trails, etc. that lead to the amenity and connect visitors to safe walking routes to and from the amenity. The amenity is easily accessed by the young, seniors, and people with disabilities.
- Designated parking for amenity There are parking spaces (paved, dirt, gravel, or other) designated for the amenity.

#### 4.0 THE COMMUNITY WIDE ASSESSMENT

## 4.1 Mapping

The RALA assessment was undertaken using the latest mobile GIS (geographic information system) technology to bring precise mapping and locational awareness to the study. This includes equipping the survey team with a tablet-PC running ArcPad software, a mobile field mapping and data collection system, paired with a GPS-enabled high-resolution camera. The ArcPad software allows the team to map the precise coordinates of environmental features, whether as a point, line or polygon, and then add details or characteristics about each feature. To streamline data collection, a custom interface was developed with unique GPS buttons to capture points of interest versus road/sidewalk features, with simple question and answer drop-down menus.

The survey data and GPS photos were imported into desktop GIS software for Quality Assurance/Quality Control checks and adjusted if necessary. Photos taken with the GPS cameras were joined to each surveyed feature by matching common GPS coordinates. All points of interest and road/sidewalk features were then plotted onto a series of maps and symbolized by their scoring characteristics.



#### Community Population

The 2011 Census conducted by Statistics Canada identifies a population of 2,016 in Bonfield.

#### Total Community Area

Bonfield covers a land area of 208.43 km<sup>2</sup>. The audit focuses on the Bonfield Hamlet Settlement Area.

#### **Community Population Density**

The 2011 Census conducted by Statistics Canada identifies a population density of 9.7 per square kilometre.

#### **General Community Topography**

Bonfield is generally hilly throughout, with gently rolling hills throughout its urban area.

#### Presence of "Community Centre Point"

Communication with the municipality suggests that the Municipal Office and Library represents a suitable centre of town. This location also includes a local park, playground, and recreational and sports facilities including basketball courts, an arena, and tennis courts.

#### General Community Street Pattern

The road network in Bonfield's settlement area has an obvious or distinguishable road pattern. Bonfield is accessible from Highway 17 via Highway 531, which terminates at the community centre point. Residential streets transverse in a north-south direction to the east and west of Lake Nosbonsing. The Lake provides a barrier for residents residing in the eastern portion of the settlement area, residing on Hillside Riverside Drive, Hillside Avenue and Greenwood Drive. Many of the residents reside west of Lake Nosbonsing. Yonge Street appears to carrier higher traffic volumes for residents travelling within Bonfield and to its surrounding communities.

#### Location of Public Schools

There is one school in Bonfield serving students in grades JK to 8. École Lorraine is located on Yonge Street south of Boisvert Street.

## 4.2 Recreational Facilities

Recreational amenities in Bonfield were assessed based on distance, condition, and accessibility.

Amenity	Distance from the Community Centre (check one)	Condition (check one)	Access (check all that apply)
Hiking or Walking Trails	No − community does not have this amenity		

Amenity	Distance from the Community Centre	Condition	Access
Amemty	(check one)	(check one)	(check all that apply)
Biking Path(s)	∑Yes – within 1 km of centre	☐Very Poor	Clearly marked signs for amenity
	$\square$ Yes – 1-5 km from centre	⊠Poor	Sidewalks & trails leading to
	$\square$ Yes – 5-15 km from centre	Average	amenity
	Yes – beyond 15 km from centre	Good	Designated parking for amenity
	No − community does not have this amenity	☐Very Good	

#### Comments:

- Shared roadway facilities are located along Church Street, Mark Street, and Yonge Street.
- Signage to mark shared roadway is clearly marked along the roads. Signage is provided by the Mattawa Voyageur Country Tourism Coalition.
- Street lighting is provided along the bike paths to improve safety and visibility.
- Quality of bike path surfaces, particularly along Church Street, is poor with uneven paving surfaces, cracks and potholes.
- The audit did not identify the presence of bike racks within the Hamlet of Bonfield.

Amenity

Access

	(check one)	(check one)	(check all that apply)
Public Park(s)	⊠Yes – within 1 km of centre	☐Very Poor	Clearly marked signs for amenity
	$\square$ Yes – 1-5 km from centre	⊠Poor	Sidewalks & trails leading to
	$\square$ Yes – 5-15 km from centre	Average	amenity
	☐Yes – beyond 15 km from centre	Good	□ Designated parking for amenity
	No − community does not have this amenity	☐Very Good	
Comments:			
			was not installed at the park. The park
	ade for users and picnic area for people to view the		
access to the lake. 1	Parking is provided for park users on Mark Street.	A paved shoulder along Mark	Street provides access to the park.
	located on Highway 531. It is a multi-purpose reco		
	nis court, outdoor skating, basketball nets, and play		
The park is not acce	ssible by pedestrian amenities. The park has a shar	ed parking lot with the library	and the Municipal Office.
<ul> <li>No signage directing</li> </ul>	g residents and visitors to the park.		
Amenity	Distance from the Community Centre	Condition	Access
Amenity	(check one)	(check one)	(check all that apply)
Amenity Swimming Beach	(check one)  ⊠Yes – within 1 km of centre	(check one)  Very Poor	(check all that apply)  Clearly marked signs for amenity
	(check one)  ⊠Yes – within 1 km of centre  □Yes – 1-5 km from centre	(check one)  Very Poor  Poor	(check all that apply)  Clearly marked signs for amenity Sidewalks & trails leading to
	(check one)	(check one)  Very Poor Poor Average	(check all that apply)  Clearly marked signs for amenity Sidewalks & trails leading to amenity
	(check one)    Yes – within 1 km of centre   Yes – 1-5 km from centre   Yes – 5-15 km from centre   Yes – beyond 15 km from centre	(check one)  Very Poor  Poor  Average Good	(check all that apply)  Clearly marked signs for amenity Sidewalks & trails leading to
Swimming Beach	(check one)	(check one)  Very Poor Poor Average	(check all that apply)  Clearly marked signs for amenity Sidewalks & trails leading to amenity
	(check one)    Yes – within 1 km of centre   Yes – 1-5 km from centre   Yes – 5-15 km from centre   Yes – beyond 15 km from centre	(check one)  Very Poor  Poor  Average Good	(check all that apply)  Clearly marked signs for amenity Sidewalks & trails leading to amenity
Swimming Beach  Comments:	(check one)    Yes – within 1 km of centre   Yes – 1-5 km from centre   Yes – 5-15 km from centre   Yes – beyond 15 km from centre	(check one)  Very Poor Poor Average Good Very Good	(check all that apply)  ☐ Clearly marked signs for amenity ☐ Sidewalks & trails leading to amenity ☐ Designated parking for amenity
Swimming Beach  Comments:  • Public swimming	(check one)  ∑Yes – within 1 km of centre  ☐Yes – 1-5 km from centre  ☐Yes – 5-15 km from centre  ☐Yes – beyond 15 km from centre  ☐No – community does not have this amenity	(check one)  Very Poor Poor Average Good Very Good ent to the boat launch) and Ka	(check all that apply)  ☐ Clearly marked signs for amenity ☐ Sidewalks & trails leading to amenity ☐ Designated parking for amenity
Swimming Beach  Comments:  • Public swimming	(check one)  ☐ Yes — within 1 km of centre ☐ Yes — 1-5 km from centre ☐ Yes — 5-15 km from centre ☐ Yes — beyond 15 km from centre ☐ No — community does not have this amenity  g beach is provided both at Centennial Park (adjace	(check one)  Very Poor Poor Average Good Very Good ent to the boat launch) and Ka	(check all that apply)  ☐ Clearly marked signs for amenity ☐ Sidewalks & trails leading to amenity ☐ Designated parking for amenity

Condition

**Distance from the Community Centre** 

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	<b>Distance from the Community Centre</b>	Condition	Access		
Amenity	(check one)	(check one)	(check all that apply)		
Public Use Swimming Pool	No − community does not have this amenity	(Circui Gio)	(eneen un mus uppry)		
Amenity	Distance from the Community Centre (check one)	Condition (check one)	Access (check all that apply)		
<ul> <li>Designated park</li> </ul>	River watersport    Yes - within 1 km of centre   Very Poor   Clearly marked signs for amenity				
Signs directing v	isitors to the boat launch are provided on Mark Street				
Amenity	Distance from the Community Centre	Condition	Access		
	(cneck one)	(check one)	(check all that apply)		
Skate Park	(check one)  No – community does not have this amenity	(check one)	(check all that apply)		
Skate Park	No − community does not have this amenity	(check one)	(check all that apply)		
Skate Park  Amenity	No − community does not have this amenity  Distance from the Community Centre (check one)	Condition (check one)	Access (check all that apply)		
Amenity Ice Arena Comments:	No − community does not have this amenity  Distance from the Community Centre	Condition (check one)  Very Poor Poor Average Good Very Good	Access (check all that apply)  Clearly marked signs for amenity Sidewalks & trails leading to amenity Designated parking for amenity		

Amenity	Distance from the Community Centre (check one)	Condition (check one)	Access (check all that apply)
Community	∑Yes – within 1 km of centre	Very Poor	Clearly marked signs for amenity
Recreational Centre	Yes – 1-5 km from centre	Poor	Sidewalks & trails leading to
(e.g. town	Yes – 5-15 km from centre	Average	amenity
recreational facility)	Yes – beyond 15 km from centre	Good	Designated parking for amenity
	No – community does not have this amenity	Very Good	
Comments:		-	
• The library, skar	ting rink/arena, and basketball and tennis courts are	located next to the Municipa	d Office.
See detailed cor	nments under "Park".	1	
Amenity	Distance from the Community Centre (check one)	Condition (check one)	Access (check all that apply)
Private Fitness Facility	⊠No – community does not have this amenity		
Amenity	Distance from the Community Centre	Condition	Access
Amemty	(check one)	(check one)	(check all that apply)
Playground(s)			
riaygrounu(s)	⊠Yes – within 1 km of centre	☐Very Poor	Clearly marked signs for amenity
Flayground(s)	Yes – within 1 km of centre  Yes – 1-5 km from centre	☐ Very Poor ☐ Poor	Sidewalks & trails leading to
r layground(s)		1 <del>==</del>	$\cdot = \cdot \cdot$
r layground(s)	Yes – 1-5 km from centre	Poor	Sidewalks & trails leading to
r layground(s)	Yes – 1-5 km from centre Yes – 5-15 km from centre	Poor Average	Sidewalks & trails leading to amenity

- There is a playground adjacent to the Municipal Office, within the community park/recreational complex.
- Another playground is located on the École Lorrain (school grounds). This park is unsigned and challenging to access as it is located on a hill and separated by a swale. The park is primarily intended for students at École Lorrain.

Amenity	Distance from the Community Centre	Condition	Access
Amemty	(check one)	(check one)	(check all that apply)
Baseball Diamonds	Yes – within 1 km of centre	☐Very Poor	Clearly marked signs for amenity
	$\square$ Yes – 1-5 km from centre	Poor	Sidewalks & trails leading to
	$\square$ Yes – 5-15 km from centre	⊠Average	amenity
	Yes – beyond 15 km from centre	Good	
	No − community does not have this amenity	☐Very Good	
Amonity	Distance from the Community Centre	Condition	Access
Amenity	(check one)	(check one)	(check all that apply)
Public Social		☐Very Poor	Clearly marked signs for amenity
Gathering Places (the	∑Yes – within 1 km of centre	Poor	Sidewalks & trails leading to
public wharf,	☐Yes – 1-5 km from centre	⊠Average	amenity
community halls,	☐Yes – 5-15 km from centre	Good	Designated parking for amenity
churches, indoor and	☐Yes – beyond 15 km from centre	☐Very Good	
outdoor public	□No – community does not have this amenity		
spaces, etc.)			
Comments:			
Sta Barnadatta (	Community Hall/Seniors Centre is located on Ontario	Street	
• Sie. Demadelle	Community Transsemors Centre is located on Ontario	J Sueet.	

A monitor	Distance from the Community Centre	Condition	Access		
Amenity	(check one)	(check one)	(check all that apply)		
Public Social		Very Poor	Clearly marked signs for amenity		
Gathering Places (the	⊠Yes – within 1 km of centre	Poor	Sidewalks & trails leading to		
public wharf,	☐Yes – 1-5 km from centre	⊠Average	amenity		
community halls,	$\square$ Yes – 5-15 km from centre	Good	Designated parking for amenity		
churches, indoor and	☐Yes – beyond 15 km from centre	☐Very Good			
outdoor public	□No – community does not have this amenity				
spaces, etc.)					
Comments:					
<ul> <li>Public library</li> </ul>					
• Ste. Bernadette Community Hall/Seniors Centre (it might be owned by the Ste Bernadette Church).					
- Ste. Bernadette	community man/schors centre (it might be owned t	by the sic bernadette Church).			
	Distance from the Community Centre	Condition	Access		
Amenity			Access (check all that apply)		
	Distance from the Community Centre (check one)  Yes – within 1 km of centre	Condition			
Amenity	Distance from the Community Centre (check one)  Yes – within 1 km of centre Yes – 1-5 km from centre	Condition (check one)	(check all that apply)		
Amenity	Distance from the Community Centre (check one)  Yes – within 1 km of centre  Yes – 1-5 km from centre  Yes – 5-15 km from centre	Condition (check one)  Very Poor Poor Average	(check all that apply)  Clearly marked signs for amenity		
Amenity	Distance from the Community Centre (check one)  Yes – within 1 km of centre Yes – 1-5 km from centre Yes – 5-15 km from centre Yes – beyond 15 km from centre	Condition (check one)  Very Poor Poor Average Good	(check all that apply)  ⊠Clearly marked signs for amenity □Sidewalks & trails leading to		
Amenity	Distance from the Community Centre (check one)  Yes – within 1 km of centre  Yes – 1-5 km from centre  Yes – 5-15 km from centre	Condition (check one)  Very Poor Poor Average	(check all that apply)  Clearly marked signs for amenity  Sidewalks & trails leading to amenity		
Amenity	Distance from the Community Centre (check one)  Yes – within 1 km of centre Yes – 1-5 km from centre Yes – 5-15 km from centre Yes – beyond 15 km from centre	Condition (check one)  Very Poor Poor Average Good	(check all that apply)  Clearly marked signs for amenity  Sidewalks & trails leading to amenity		
Amenity Snowmobile Trails Comments:	Distance from the Community Centre (check one)  Yes – within 1 km of centre Yes – 1-5 km from centre Yes – 5-15 km from centre Yes – beyond 15 km from centre	Condition (check one)  Very Poor Poor Average Good Very Good	(check all that apply)  Clearly marked signs for amenity  Sidewalks & trails leading to amenity		
Amenity Snowmobile Trails  Comments: • Snowmobile tra	Distance from the Community Centre (check one)  Yes – within 1 km of centre  Yes – 1-5 km from centre  Yes – 5-15 km from centre  Yes – beyond 15 km from centre  No – community does not have this amenity	Condition (check one)  Very Poor Poor Average Good Very Good  nsportation system.	(check all that apply)  ⊠Clearly marked signs for amenity □Sidewalks & trails leading to amenity □Designated parking for amenity		

# 4.3 RALA Community Wide Assessment (CWA) Scoring Tool

The scoring tool below calculates a specific score of the presence and the distance of all recreational facilities and spaces from the community centre point. These scores can be used to compare the Township of Bonfield to other rural communities or to compare the Bonfield to itself over time.

Domain/Items	Assigned Points	<b>Community Points</b>
School Location		
There is an <u>elementary</u> school in my community that many children can walk to	Yes (6 Points) No (0 Points)	+ 6 points
There is a <u>middle</u> school in my community that many children can walk to	Yes (5 Points) No (0 Points)	+ 5 points
There is a <u>high</u> school in my community that many children can walk to	Yes (4 Points) No (0 Points)	+ 0 points = 11 Points School Location

Trails	Assigned Points		My Points
There is a <u>Hiking or</u> <u>Walking</u> Trail	Yes, within 400 m of community centre point Yes, beyond 400 m and within 1 kilometre of community centre point Yes, beyond 1 kilometre of community centre point No	(8 points) (5 points) (2 points) (0 points)	+ 0 points
There is a Biking Path	Yes, within 400 m of community centre point Yes, beyond 400 m and within 1 kilometre of community centre point Yes, beyond 1 kilometre of community centre point No	(8 points) (5 points) (0 points)	+ 5 points
There is some <u>Other</u> Type of Trail*	Yes, within 400 m of community centre point Yes, beyond 400 m and within 1 kilometre of community centre point Yes, beyond 1 kilometre of community centre point No	(8 points) (5 points) (2 points) (0 points)	+ 2 points
Parks And Playground	Assigned Points		My Points
Public Park  Public Playground	Yes, within 400 m of community centre point Yes, beyond 400 m and within 1 kilometre of community centre point Yes, beyond 1 kilometre of community centre point No  Yes, within 400 m of community centre point	(8 points) (5 points) (2 points) (0 points)	+ 8 points
(If playground is within park, assign points to both)	Yes, beyond 400 m and within 1 kilometre of community centre point Yes, beyond 1 kilometre of community centre point No	(8 points) (5 points) (2 points) (0 points)	+ 8 points
School Playground	Yes, within 400 m of community centre point	(8 points)	+ 8 points

	Yes, beyond 400 m and within 1 kilometre of community centre point Yes, beyond 1 kilometre of community centre point No	(5 points) (2 points) (0 points)	
Other**	Yes, within 400 m of community centre point	(8 points)	
**Other can include a	Yes, beyond 400 m and within 1 kilometre of community centre point	(5 points)	
different type of	Yes, beyond 1 kilometre of community centre point	(2 points)	
park or playground,	No	(0 points)	
or an additional			
public/school park			
or playground			= 24 Points Parks

Water Activities	Assigned Points		My Points
Public Use Swimming	Yes, within 400 m of community centre point	(8 points)	
Pool	Yes, beyond 400 m and within 1 kilometre of community centre point	(5 points)	
	Yes, beyond 1 kilometre of community centre point	(2 points)	
	No	(0 points)	+ 0 points
Swimming Beach	Yes, within 400 m of community centre point	(8 points)	
	Yes, beyond 400 m and within 1 kilometre of community centre point	(5 points)	+ 5 points
	Yes, beyond 1 kilometre of community centre point	(2 points)	
	No	(0 points)	
River, Lake, Pond, etc.	Yes, within 400 m of community centre point	(8 points)	+ 8 points
with	Yes, beyond 400 m and within 1 kilometre of community centre point	(5 points)	
Canoe/Boat/Water-	Yes, beyond 1 kilometre of community centre point	(2 points)	
sport Access	No	(0 points)	
Other***	Yes, within 400 m of community centre point	(8 points)	
*** "Other" can	Yes, beyond 400 m and within 1 kilometre of community centre point	(5 points)	
include a different	Yes, beyond 1 kilometre of community centre point	(2 points)	
type of water	No	(0 points)	
activity amenity, or another public use			
swimming pool,			
beach or river access			
venue			= 13 Points Water

Public Recreation Facilities	Assigned Points		My Points
Community Recreation Center (community- owned or private like the YMCA)	Yes, within 400 m of community centre point Yes, beyond 400 m and within 1 kilometre of community centre point Yes, beyond 1 kilometre of community centre point No	(8 points) (5 points) (2 points) (0 points)	+ 0 points
Playing Field or Courts	Yes, within 400 m of community centre point Yes, beyond 400 m and within 1 kilometre of community centre point Yes, beyond 1 kilometre of community centre point No	(8 points) (5 points) (2 points) (0 points)	+ 8 points
Skateboard Park	Yes, within 400 m of community centre point Yes, beyond 400 m and within 1 kilometre of community centre point Yes, beyond 1 kilometre of community centre point No	(8 points) (5 points) (2 points) (0 points)	+ 0 points
Ice Skating Rink	Yes, within 400 m of community centre point Yes, beyond 400 m and within 1 kilometre of community centre point Yes, beyond 1 kilometre of community centre point No	(8 points) (5 points) (2 points) (0 points)	+ 8 points  = 16 Public Recreation Facilities

Private Recreation Facilities	Assigned Points		My Points
Private Fitness Facility (e.g. Curves)	Yes, within 400 m of community centre point Yes, beyond 400 m and within 1 kilometre of community centre point Yes, beyond 1 kilometre of community centre point No	(8 points) (5 points) (2 points) (0 points)	+ 0 points
Other***  ***"Other" can include a different type of recreational facility (e.g., yoga/dance studio, sledding hill, etc), or another recreational facility if more than one that is already listed	Yes, within 400 m of community centre point Yes, beyond 400 m and within 1 kilometre of community centre point Yes, beyond 1 kilometre of community centre point No	(8 points) (5 points) (2 points) (0 points)	= 0 Private Recreation Facilities

# 5.0 RESULTS OF THE PROGRAM AND POLICY ASSESSMENT

<b>Programs and Policies</b>	Check One	Comments
Does the community have a policy that requires bikeways or pedestrian walkways in new public infrastructure projects?	☐Yes ☑No ☐Don't Know ☐N/A	Bonfield does not have a requirement or guideline for incorporating lanes and/or walkways for bikes and pedestrians for new development or infrastructure projects.
Does the community have a program/policy in place to ensure regular clearing of snow and ice from sidewalks?		Bonfield has a snow removal policy on an as required basis to ensure safe access to community buildings.
Does the community have a public recreation department that offers physical activity programming?	⊠Yes □No □Don't Know	
<ul> <li>If yes, do they offer</li> <li>Programs for youth?</li> <li>Ages served: 4+</li> <li>Programs for adults?</li> <li>Ages served: 18+</li> </ul>		Bonfield has a municipally funded recreation department offering physical activity programming for community members. Local councillor in the community volunteers in local baseball, soccer, and daycare programs.
<ul> <li>Programs for older adults?</li> <li>Ages served: 65+</li> <li>Are physical activity resources/facilities available for local resident use outside of formal programming?</li> <li>Does the community services department responsible for the programming provide a sliding-scale fee for lower income residents?</li> </ul>	☐ Don't Know  ☐ Yes ☐ No ☐ Don't Know  ☐ Yes ☐ No ☐ Don't Know  ☐ Yes ☐ No ☐ Don't Know	Bonfield has a Community Development Officer who developed an adult baseball and skating club at the arena. These programs are well-attended by many seniors.  In Bonfield, facilities such as soccer fields, baseball diamonds, parks and trails are available to all local residents even if they do not participate in organized programs.  The arena can be rented.  There is no policy in Bonfield that supplements the cost of membership/programming for lower income residents.

<b>Programs and Policies</b>	Check One	Comments
Does the town have a private	∑Yes	
organization (such as the	□No	
YMCA or a religious	☐Don't Know	
organization) that offers		
physical activity		
programming?		T
If yes, do they offer	N. 7	D ("1114" II 1 D ("11
Physical activity	Yes	Bonfield Minor Hockey, Bonfield
programming for	No	Cenntennial Minor Sports, Bonfield
local youth?	☐Don't Know	Snowmobile Club organizations operate within the area.
Ages served: All		within the area.
Physical activity programming for	∑Yes □No	Organizations do not own facilities for use by the public. Facilities are rented
local adults?	Don't Know	from the municipality.
Ages served: Yes		
Are there	⊠Yes	No information is available on
membership	No	scholarship information
requirements to	Don't Know	
participate in these		
programs?		
Are physical activity	⊠Yes	
resources/facilities	□No	
available for local	☐Don't Know	
resident use outside		
of programming?		
Does the organization	Yes	
provide scholarships	No No	
or offer a sliding fee	Don't Know	
scale for lower		
income residents?		777
Does the town offer any local	Yes	The community has either free or
public transportation options,	No Nor't Vrovy	fee-based public transportation regularly available.
such as public busses or vans?	⊠Don't Know	avanable.
Are there any long-distance	⊠Yes	Local school board offers
public transportation options	No	extracurricular activities for students
available in your town, such	Don't Know	beyond school curriculum.
as a train or Greyhound Bus?	N/A	beyond school culticulum.
as a train of Greynound Dus:		

School Programs and Policies	Check One	Comments
Does the town have any "Walk to	Yes	No policies are in place from the school
School" programs or other	⊠No	for a "walk to School" program
programs that encourage children	☐Don't Know	
to walk or bike to school?		
Does the town participate in the	∑Yes	Active and safe routes to school note
National "Active and Safe Routes	□No	that all schools in the North Bay area
to School" program?	☐Don't Know	participate in the International Walk to
http://www.saferoutestoschool.ca/		School Day/Week
Do the public schools in the town	<u>⊠</u> Yes	Local school board offers
offer other sponsored physical	∐No	extracurricular activities for students
activity initiatives for students?	☐Don't Know	beyond school curriculum
Do the public schools in the town	Yes	Community use of school program is
allow public access to their	⊠No	not available through the local school
recreation facilities after school	Don't Know	board
hours?		
Do the public schools have a late	Yes	No late bus options exist
bus option for children that stay	No	
after school for sponsored	☐Don't Know	
activities?		
What Percent (%) of children live	%	Information not collected
within 1-mile of their school?	⊠Don't Know	
	N/A	

# 5.1 RALA Program & Policy Assessment (PPA) Scoring Tool

The scoring tool below calculates a specific score to assess municipal and school policies and programs to support physical activity. These scores can be used to compare Bonfield to other rural communities or to compare the Township of Bonfield to itself over time.

Domain/Items	Assigned Points (if it snows in your community)		(if it snows in your		(if it snows in your		My Community Points
Community Policies							
Community has policy requiring bikeways/pedestrian walkways in new public infrastructure projects	Yes No	(7 points) (0 points)	+ 0 points				
Community regularly clears snow from sidewalks so that residents can walk/bike to work or school	Yes No	(3 points) (0 points)	+ 3 points				
			= 3 Points Community Policies				

Community Programs	<b>Assigned Points</b>		My Community's Points
Community has a public recreation department	Yes No	(10 points) (0 points)	+ 10 points
Community has a private recreation organization (e.g. YMCA)	Yes No	(4 points) (0 points)	+ 4 points
Either <b>public</b> or <b>private department/organization</b> (or both) offers physical activity programming for youth	Yes No	(4 points) (0 points)	+ 4 points
Either <b>public</b> or <b>private department/organization</b> (or both) allows resources/facilities to be available for local resident use outside of programming	Yes No	(4 points) (0 points)	+ 0 points
Either <b>public</b> or <b>private department/organization</b> (or both) provides scholarships/sliding fee scale for lower income residents	Yes No	(4 points) (0 points)	+ 0 points
There is organized transportation options (either public or private) that help children get to/participate in physical activity	Yes No	(4 points) (0 points)	+4 Points
opportunities.			=22 Points Community Programs
School Policies	Assigned Policie	S	My Points
Schools in the community allow public access to their recreation facilities after school hours	Yes No	(15 points) (0 points)	+ 0 points
Public schools offer a late-bus option for children that stay after school for sponsored activities	Yes No	(15 points) (0 points)	+ 0 points
			= 0 (TOTAL SCORE: SCHOOL POLICIES)

School Programs	Assigned Police	eies	My Points
There are "Walk to School" programs or other programs that	Yes	(15 points)	
encourage children to walk or bike to school	No	(0 points)	+ 0 points
Schools are participants in other activities (excluding "Walk to School" programs) that are included in the National "Safe Routes to School" program.  Schools offer other sponsored physical activity initiatives for students (do not include gym/physical education classes)	Yes No Yes No	(5 points) (0 points) (10 points) (0 points)	+ 5 points + 10 points
			=15 (TOTAL SCORE: SCHOOL PROGRAMS)
			GRAND TOTAL= 40

#### 6.0 RESULTS OF THE STREET SEGMENT ASSESSMENT TOOL

Two street segment analyses were completed for the Hamlet of Bonfield, including one for Yonge Street, and another for all the residential land uses within the Hamlet's settlement boundary. Yonge Street runs north to south through the municipality and includes a range of community uses and amenities. The street functions as a collector roadway, collecting traffic from adjacent residential streets.

A Primary Central Zone was created using a 400 m radius around the community centre point. This radius represents a suitable and commonly accepted walking distance. The Secondary and Tertiary radius encircles the community centre point at 800 m and 1 km, respectively, to capture additional segments and land uses. The secondary radius also encircles the urban area while the tertiary radius encircles the vast majority of the Town.

Please note that there is not a scoring tool for the Street Segment Assessment. Expert Advisors as well as communities that have used the RALA agreed that a scoring tool for the segments would be extremely complicated and cumbersome, and would probably not add extra value to completing the Street Segment Assessment tool itself. Other detailed segment assessments in the literature also do not incorporate a scoring system. However, it is believed that scoring the Community-wide and Program and Policy Assessments can help communities propose and assess changes that will make their communities more activity-friendly.

#### **SEGMENT DESCRIPTION – Yonge Street**

Boundaries:	
<ul><li>North: Trunk Road</li><li>South: Laurier Street</li></ul>	
Primary Streets:	
• Yonge	
Land Use:	
Residential Commercial Industrial Public/Civic	☐ Community Park/Open Space ☐ Mixed Use (all/more than 1 of the above) ☐ Other: ☐ Other:
Terrain:	
☐Flat ☑Hills ☐Valley ☐Forest/Agricultural/Undeveloped	River/Creek/Ocean Winding Roads Other: Other:
Segment Zone Type:	
	☐ Industrial ☐ School Zone ☐ Community Park/Open Space ☐ Other:

## WALKABILITY – Yonge Street

Sidewalks  Both sides of street  One side of street  Intermittent  Footpath only  None	Condition (check one for each type) 1 – poor 2 – average 3 – good		
	$ \begin{array}{ccc}                                   $		
Buffers & Shoulders Width:  Sidewalk Buffer  Defined Shoulder  None  N/A	$ \begin{array}{ccc}                                   $		
Cross-walks, Pedestrian &       □ Crosswalks       □ 1         Cycling Signage       □ Crossing Signals       □ 1         □ Pedestrian/Cycling Signs       □ 1         □ Children at Play Signs       □ 1         □ School Zone       □ 1         □ None       □ 1         □ N/A       □ 1	$ \begin{array}{ccc}                                   $		
Street Amenities  Street furniture  Waste bins  Shade protection	$ \begin{array}{ccc}                                   $		
Other Safety Features  Traffic Lights Stop Signs School Flashing Lights Speed Bumps Public Lighting Curb cut for wheelchair access Accessible entrances None N/A	$ \begin{array}{ccccc}                                 $		
Paved / Multi-lane  □ Paved / Single lane □ Unpaved roads □ Road Condition: □ Hi	edium		

	☐ Train Tracks ☐ Private Property ☐ Industrial Zone ☐ Natural Features ☐ Other ☐ None		$ \begin{array}{c}                                     $	☐3 ☐3 ☐3 ☐3 ☐3 ☐3	
Connectivity:		l —	on of Con	_	
Do sidewalks, bikepaths or other	r trails link/connect this	$\bowtie$ 1	<u>2</u>	<u></u> 3	
segment to other parts of the con	mmunity or another segment or				
road?					
⊠Yes □No					
Comments:					
<ul> <li>Yonge Street is a local re</li> </ul>	oad that transverses through the				
Hamlet in a north-south direction. Moderate traffic					
volumes were observed along Yonge Street.					
<ul> <li>This street is well-travelled and provides a throughfare</li> </ul>					
for cars and large industrial trucks accessing					
neighbouring municipalities.					
Yonge Street includes a range of uses including residential, commercial, and institutional.					
residential, commercial,	and insulutional.	ı			

# LAND USE - Yonge Street

	Types (check all that apply)	Condition (check one for each type) 1 – poor
		2 – average 3 – good
Residential  Density:  Moderately densely settled	Housing Type:  Single family detached  Multi-family dwelling  Mobile homes  Other:  Other:  None	$ \begin{array}{c cccc}                                 $
Public / Civic	□Library     □Museum     □Community Centre     □Post Office     □Town Offices     □Emergency Services     □Church/Religious institution     □Hospital / Health Centre     □Athletic Fields / Courts     □Playground     □Other:     □Other:     □None	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$
Commercial	Restaurant / Café Bar Food Market Theatre Gas station Convenience Store Small Retail Big Box Retail Fitness Centre Private Medical Office Private Other Office Hotel Other: LCBO, Bank None	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$
Schools	⊠Elementary	$ \begin{array}{c cccc}                                 $

	Other:None	□1 □1	2 $2$	□3 □3
Industrial / Agricultural	☐ Light Industrial ☐ Heavy Industrial ☐ Farmland Area ☐ Other: ☒ None		$ \begin{array}{c c}                                    $	☐3 ☐3 ☐3 ☐3 ☐3

- Yonge Street is lined with primarily single family detached homes
- Homes and businesses line the street in pockets of moderate settlement
- Yonge Street boasts many amenities including schools, retail locations, community centres and religious centres making it a community focal point

# 6.1 Subjective Assessment & Overview

# **SUBJECTIVE ASSESSMENT – Yonge Street**

Please answer the following questions last (once the rest of the assessment tool has been				
completed).				
Walkability - how	strongly do you ag	ree with the following	ng statement?	
"This segment is w	alkable."			
_				
Strongly	Disagree	Not Sure	Agree	Strongly Agree
Disagree	_			
	$\boxtimes$			
Comments:				
<ul> <li>Provide/imp</li> </ul>	prove pedestrian env	vironment along Yor	nge Street.	
-	•		_	estrians, cyclists and
				allow pedestrians and
-		key community des	-	··· F
_		ed prohibiting A'		nobile vehicles on
		safety for pedestria		noone venicles on
side warks/s.	nouncers to emianee	safety for pedestria	ns and cyclists.	
Aesthetics – how s	trongly do you agre	e with the following	statement?	
		_	, statement.	
"This segment is as	esthetically pleasing	??"		
Strongly	Disagree	Not Sure	Agree	Strongly Agree
Disagree	C		<u> </u>	
Comments:				
<ul> <li>Yonge Street</li> </ul>	et is poorly lit and la	acks distinctive chara	acter	
• Enhancements with planting of trees and flowers, repair and installation of continuous				
	hould be considered		p will will ling twill	
<ul> <li>Providing a dedicated pedestrian area by enhancing boulevard environments and</li> </ul>				
_	-	ald increase sense of		

# **6.2** Street segment Assessment Tool

# **SEGMENT DESCRIPTION – Residential**

$\mathbf{p}$	und	0 444	00.
-	11111	1211	

- North: Trunk Street/ Maple road
- South: Laurier St.

# **Primary Streets:**

- Boisvert Street
- Schayer Street
- Mark Street
- James Street
- Church Street
- Livesque Street

- Labrecque Street
- Laurier Street
- Landon Street
- Greenwood Street
- Hillside Street
- Riverside Street
- Railway Street

Land Use:	
	☐ Community Park/Open Space ☐ Mixed Use (all/more than 1 of the above) ☐ Other: _Scattered commercial uses ☐ Other:
Terrain:	
☐Flat ☑Hills ☐Valley ☐Forest/Agricultural/Undeveloped	River/Creek/Ocean Winding Roads Other: Other:
Segment Zone Type:	
☐ Community Centre/Main Street ☐ Thoroughfare ☐ Neighbourhood ☐ Commercial	☐ Industrial ☐ School Zone ☐ Community Park/Open Space ☐ Other: Residential

# WALKABILITY - Residential

	Types (check all that apply)	Condition (check one for each type)
		1 – poor 2 – average
		3 – good
Sidewalks Length:	☐ Both sides of street ☐ One side of street ☐ Intermittent ☐ Footpath only ☑ None	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$
Buffers & Shoulders Width:	☐Sidewalk Buffer ☐Defined Shoulder ☐None ☐N/A	$ \begin{array}{ccccc}                                 $
Cross-walks, Pedestrian & Cycling Signage	☐ Crosswalks ☐ Crossing Signals ☐ Pedestrian/Cycling Signs ☐ Children at Play Signs ☐ None ☐ N/A	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$
Street Amenities	Street furniture Waste bins Shade protection	$ \begin{array}{ccccc}                                 $
Other Safety Features	☐ Traffic Lights ☐ Stop Signs ☐ School Flashing Lights ☐ Speed Bumps ☐ Public Lighting ☐ Curb cut for wheelchair access	$ \begin{array}{ccccc}                                 $
	Accessible entrances None N/A	$ \begin{array}{cccc}                                  $
Road/Traffic Characteristics	☐ Road Type: ☐ Paved / Multi-lane ☐ Paved / Single lane ☐ Unpaved roads ☐ Road Condition: ☐ Poor ☐ Average ☐ Good	☐ Posted Speed Limit: ☐ km/hr ☐ None posted ☐ Traffic Volume: ☐ High ☐ Medium ☐ Low

Barriers	Highway		2	<u></u> 3
	Train Tracks	<u> </u>	$\overline{\square}2$	<u> </u>
	Private Property	<u></u> 1	$\overline{\square}2$	<u></u> 3
	☐Industrial Zone		$\square 2$	<u></u> 3
	⊠Natural Features		$\square 2$	<u></u> 3
	Other:		$\square 2$	<u></u> 3
	None		$\square 2$	<u></u> 3
Connectivity:		Condition of Connectors:		
Connectivity.		Conuni	ii oi Com	icciois.
Do sidewalks, bikepaths or other	er trails link and connect this			
Do sidewalks, bikepaths or other	er trails link and connect this mmunity or another segment or			
Do sidewalks, bikepaths or other				
Do sidewalks, bikepaths or other segment to other parts of the co				3
Do sidewalks, bikepaths or other segment to other parts of the coroad?				<u>3</u>

## **LAND USE - Residential**

	Types (check all that apply)	Condition (check one for each type) 1 – poor 2 – average 3 – good	
Residential  Density:  Moderately densely settled	Housing Type:  Single family detached  Multi-family dwelling  Mobile homes  Other:  None	$ \begin{array}{c cccc}                                 $	
Public / Civic	□ Museum     □ Community Centre     □ Post Office     □ Town Offices     □ Emergency Services     □ Church/Religious institution     □ Hospital / Health Centre     □ Athletic Fields / Courts     □ Playground     □ Other:     □ Other:     □ None	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$	
Commercial	□Restaurant / Café     □Bar     □Food Market     □Theatre     □Gas station     □Convenience Store     ☑Small Retail     □Big Box Retail     □Fitness Centre     □Private Medical Office     □Private Other Office     □Hotel     □Other:     □None	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	
Schools	Elementary  Middle  High  Private  Other:	$ \begin{array}{c cccc}                                 $	

	Other:None	1 1	2	□3 □3
Industrial / Agricultural	☐ Light Industrial ☐ Heavy Industrial ☐ Farmland Area ☐ Other:  ☑ None		□2 □2 □2 □2 □2	□3 □3 □3 □3 □3

## 6.3 Subjective Assessment & Overview

### SUBJECTIVE ASSESSMENT – Residential Neighbourhood

Please answer the following questions last (once the rest of the assessment tool has been completed).				
Walkability – how strongly do you agree with the following statement?				
"This segment is w Strongly Disagree Comments:	Disagree	Not Sure	Agree	Strongly Agree
<ul> <li>East of the lake, Bonfield's residential area is an older neighbourhood with well-established homes. Development is characteristic of hamlets and villages.</li> <li>Street patterns are curvilinear. Streets are long and are generally wide, flanked by unpaved shoulders on both sides.</li> <li>No multi-use pathways provide a connection between community destinations. Pathways and trails were not observed along the watercourse or railway.</li> <li>Community destinations are located within the community core, along Yonge Street and Church Street.</li> <li>Large separation between neighbourhoods and more segregation of land uses.</li> <li>Only sidewalk is located along Church Street, which is in need of repair or replacement.</li> <li>Large-scale residential lots are on sale west of the lake along Hillside Avenue and Riverside Drive. The municipality has an opportunity to develop pedestrian connections for these future residential developments. Pedestrian connection could improve connectivity for residents residing west of the lake, while providing active transportation and recreational opportunities for residents.</li> <li>Industrial uses are separated and located along Railway Street. Some industrial/commercial uses exist on Church Street and Levesque Street.</li> <li>Consider opportunities to connect the residential areas to the Library/Recreation Centre/Municipal Office using off-road multi use pathways that follow Maple Road and Railway Street.</li> </ul>				
<b>Aesthetics</b> – how strongly do you agree with the following statement? "This segment is aesthetically pleasing?"				
Strongly Disagree	Disagree	Not Sure	Agree	Strongly Agree
Street and Y directional s	Yonge Street. These signage, and streets	and James Street for streets should be encaping to create a visionment along main	nhanced through properties that the summer that the summer is a summer of the summer is a summer of the summer of	bedestrian route.

## 7.0 OBSERVATIONS AND RECOMMENDATIONS FOR THE TOWNSHIP OF BONFIELD

The following highlights Dillon's specific observations and where possible, recommendations for the Village of Burk's Falls to consider. All photographs were taken by Dillon Consulting Limited on September 30, 2013.

#### **Residential Areas**



Levesque Street facing south. This is an example of one of many residential streets in Bonfield that is characterized by an unpaved shoulder. There are few street lights on the street, which create visibility and safety challenges for pedestrians. The uneven shoulder creates challenges for cyclists.



Church Street provides direct access for residents to connect to the waterfront, park, docks, and boat launch. However, the sidewalk on Church Street is broken, uneven and filled with weeds creating safety and mobility challenges for residents.

#### **Recommendation:**

As Church Street is the only street with a sidewalk, the municipality should consider repairing the sidewalk to improve safety and accessibility.



The Yogi Bar and Kwik Way is Bonfield's neighbourhood commercial destination. During the audit, many residents were seen traveling to and from the store by car. Access to the store is particularly challenging due to the condition of the sidewalk, poor parking lot pavement, and surrounding road surfaces in the store's immediate vicinity. Accessibility may be particularly challenging for the elderly to due to steep inclines surrounding the storefront.

#### **Recommendation:**

Road and parking lot improvements together with streetscaping enhancements, to provide end of trip amenities (bike racks placed close to the storefront), are recommended. This will encourage local residents to safely walk and cycle to the store.



Directional signage for shared roadway is well-placed and located on Church Street. The sign alerts motorists to be aware of cyclists traveling along Yonge Street/Gagnon Street. Signage is also provided informing motorists of the Community Safety Zone to the left of the church, which encourage drivers to slow down.

**Yonge Street** 







Bonfield Medical Centre is located on Church Street. The medical centre is located on an unpaved driveway. The driveway is located at an incline that may be a challenge for residents, especially seniors, to access. There is no signage along Church Street that directs visitors to the Medical Centre.

#### **Recommendation:**

Improvements should be considered to improve accessibility and enhance the site's attractiveness. Consider the development of a pedestrian pathway to the Medical Centre.

Gagnon Street/Church Street facing north. This is a well-travelled road that includes heavy truck traffic. Shoulders are wide but unpaved. This street is also a shared roadway with plenty of signage for motorists to slow down.

#### **Recommendation:**

Consider paving shoulders and adding pavement markings to provide additional, dedicated, space for cyclists and pedestrians.

View of Gagnon Street/Church Street facing south. Large trucks were seen travelling down the street during the audit.

#### **Recommendation:**

While the shoulder provides a place for residents to walk, safety should be enhanced to provide a safe environment for pedestrians.



École Lorrain on Church Street. The school is located within a community safety zone that is signed. School crossing sign is provided north of the school to alert motorists. Pedestrian infrastructure however is poor along Church Street to support a safe walking environment.

#### **Recommendation:**

Though Church Street has no sidewalks, there is a narrow paved footpath on the opposite side of the school. The footpath is uneven and repair is needed to improve safety.



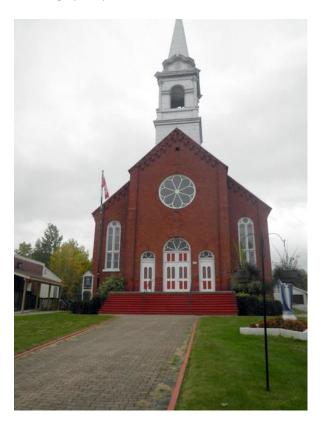
#### **Recommendation:**

Pavement markings to alert drivers to slow down and watch for pedestrians are recommended. An identified cross-walk in front of the school and at adjacent intersections would promote walkability for students. It is recommended that cross-walks be delineated using pavement markings or alternative pavement types (i.e. paving stones) to promote pedestrian safety. Streetscaping enhancements are recommended as well as the addition of end of trip facilities such as bike racks in visible and convenient locations.

School bus and parent drop-off/pick-up zones should be signed, restricted to certain hours and located well away from pedestrian and cyclist areas.



The Bonfield Post Office and Fire Department, located on Railway Street. There is no pedestrian infrastructure that provides pedestrian connectivity to the site. The building is illuminated by a light though street lighting is not provided.



The Paroisse Ste. Bernadette is an architectural focal point in the community. It is a beautiful and well-maintained church that is landscaped. The church is located at the junction of Church Street and Yonge Street, and is visible from the boat launch. Pedestrian connectivity is only provided along Church Street.

#### **Recommendation:**

Streetscaping is recommended around the church to promote it as a community focal point. Installations of end of trip amenities (bike racks, benches, etc.) are recommended.





Community Hall and Seniors Centre located adjacent to the church. The hall sits on an unpaved driveway. Pedestrian access may be challenging along Yonge Street.

#### **Recommendation:**

A paved driveway is recommended to ensure easy access for all members of the community.

Commercial uses on Yonge Street.



Riverside Drive at Hillside Avenue. This is a future residential area located west of the bridge. Lots are currently for sale. All roads west of the bridge are unpaved. This future residential area is separated from community amenities, including schools, recreation areas, and community facilities. Residents who will reside in this area will be dependent upon driving unless a safe cycling route is provided.

#### Other



Railway Street south of Maple Road. This street connects the Bonfield Library/Municipal Office/Recreational Facilities to Mark Street. Shoulders are wide but unpaved. Street provides challenges for pedestrians and cyclists to walk. No infrastructure and signage to promote safety.

#### **Recommendation:**

A signed pedestrian/cyclist pathway system is recommended to connect recreational facilities with the park and docks along Mark Street. Pavement markings are recommended to encourage motorists to slow down.



Residential homes fronting on Railway Street, south of École Separee Lorrain. Shoulders, though unpaved, provide ample walking space.



Shows Mark Street adjacent to the community park. Shoulders are wide and appear to be used by recreational ATV, as observed during the audit. Mark Street is a shared on street cycling roadway.



#### **Recommendation:**

Aesthetic enhancements and end of trip amenities are recommended at the dock and waterfront. These enhancements can increase community usage and enjoyment of the amenity. Signage is recommended to encourage swimming and boating/ boat launching in separate designated areas.



View of Church Street facing north. Shoulders are unpaved.

Church Street provides direct access to Yonge Street.



Park at Mark Street foot path towards dock.

#### **Recommendation:**

Aesthetic improvements and end of trip amenities are recommended. A signed and delineated pedestrian and cyclist pathway connection to recreational facilities on Railway Street is recommended.



Park at Mark Street facing southwest.

#### **Recommendation:**

Aesthetic enhancements and end of trip amenities (benches, bike racks, and change/rest rooms) are recommended. Signed and easily accessible designated swimming areas are recommended. There is also space available for informal play or for an internal walking or cycling loop, to support recreational uses.

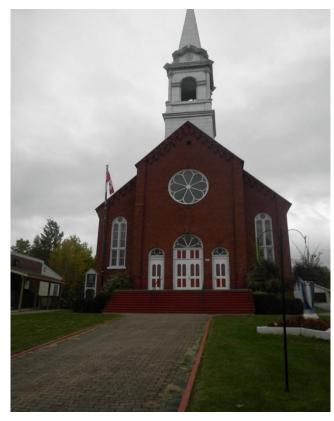


#### 8.0 CONCLUSION

Based on the RALA, capital investment projects are recommended in the Hamlet of Bonfield to support a more physically active community. Capital investment projects should be considered for the paving of Yonge Street and the rehabilitation of the Church Street sidewalk to provide a renewed aesthetic appeal for pedestrians and cyclists. These improvements will aim to establish a renewed sense of pride in the community and promote a sense of ownership for community members, inspiring residents to get outside and engage in active transportation. Beyond this, Bonfield should focus on enhancing existing physical features, and improving road safety making it easier for people to get around and promoting walkability.

Bonfield is a compact community which offers a range of uses, community services and spaces within a small geographic area. For many rural or small communities, community features and destinations may be spread over a larger geographic area. However, the urban structure in Bonfield provides a strong foundation to support walking, cycling, and active living. acceptable walking radius is 400 m of the community centre, within Bonfield the community offers a variety of focal points and amenities within this radius. Bonfield's physical terrain includes rolling However, the inclines do not present a challenging physical barrier for most residents. Traffic volumes are low and road widths are ample, enabling residents to walk or cycle on the shoulders.

Bonfield has a base infrastructure to support physical activity for residents or all ages. Sidewalks are built along Church Street and



local roads feature wide shoulders. The community is home to a range of recreational facilities including ice rinks, tennis courts and a swimming area creating formal and informal opportunities for physical activity and recreational programming. Enhancements can be made to these areas by creating connections to residential areas. Further enhancements can be undertaken of these areas to promote community pride and ownership through aesthetic improvements. Maintaining assets and repairing broken and uneven sidewalks along Church Street and repairing Yonge Street can improve pedestrian safety and encourage walkability. Pavement markings in front of the elementary school will improve pedestrian safety and promote "Active and Safe Routes to School" initiatives. Different pavement types (i.e. paving stones) may also be considered to delineate pedestrian areas or to slow traffic down and encourage pedestrian activity.

Limited cycling infrastructure was observed during the RALA audit. Bonfield is a lakeside community that should be enjoyed by its residents and visitors. While cyclists may utilize

unpaved road shoulders, a multi-use pathway system should also be encouraged and facilitated within the community. For convenience, end of trip facilities such as bike racks would ideally be located at community destinations, including the St. Bernadette Community Hall, the tennis court and ice rinks, the Health Centre, Schools, and Community Park. Additional shared roadway signage and the creation of pavement markings should be considered within the residential areas to promote cycling, especially around the public school.

The results of the RALA provide an opportunity for the Hamlet of Bonfield to develop an integrated plan to support active living and community connectivity. Improving connectivity within Bonfield supports active transportation and will aid in the creation of a more walkable community. The results captured in this report should provide a launch point for further discussion and action, as the details captured in the audit can provide a baseline for the municipality to develop implementation plans to address active transportation, active living, parks and recreation planning, and program delivery.



# **Appendix A: Street Segment Methodology STREET SEGMENT ASSESSMENT METHODOLOGY**

- Q1. Community Name. Fill in the Community Name.
- Q2. Auditor Name. Fill in the name of the person carrying out the assessment(to be selected by you you may choose a distinct number or a name) to keep track of who is filling out the tool.
- O3. Date. Enter the date on which the Segment Assessment is being completed.
- Q4. Start Time. Enter the time at which you begin filling out the Segment assessment and when it is completed.
- Q5. Segment # . Fill out the Segment ID Number (to be selected by you). This number should correspond with the number you assigned each segment on your community map.
- Q6. Segment boundaries. Enter the features (street name, park, river, etc.) you've identified as boundaries for the segment.
- Q7. Primary streets. Enter the most significant streets in the segment

#### Q8. Land use

Select the primary land use in the segment: residential, commercial, industrial, public/civic, open space or other. If the segment features a fairly even mix of land uses and a primary use can not be identified, you may check more than one box, as appropriate.

#### O9. Terrain

Select any significant terrain features present: flat, hills, wooded/undeveloped, winding roads, water body or other feature. You may check more than one box if appropriate.

#### Q10. Segment Zone Type

Select the option that best describes the type of Zone in which the segment is located (please check only one):

- 1. Community Centre Zone
- 2. Thoroughfare Zone
- 3. Neighborhood Zone
- 4. Isolated School Zone

#### WALKABILITY

Sidewalks, crosswalks and other pedestrian and bike-friendly features have an impact on a community's walkability. This section will help to determine whether your segment includes any of these features.

#### O11. Sidewalks

Choose one option that best describes the sidewalks in the segment: sidewalks are found on both sides of the street, one side of the street, intermittent (sidewalks exist along only parts of the roads), footpath only or none. Rate the overall condition of sidewalks using the following definitions:

• 1-Fair/Poor – The sidewalks are generally not well maintained in this segment and are in fair or poor condition. There is apparent neglect and/or deterioration. Example:



• 2-Good/Excellent - The sidewalks are generally well maintained in this segment and are in good or excellent condition. There is little or no apparent neglect and/or deterioration. Example:



#### Q12. Buffers and Shoulders

Check the appropriate boxes if most sidewalks in the segment have a sidewalk buffer strip separating them from the road and if the roads have a defined shoulder separating the traffic lanes from the edge of the road. If neither of these features exists, check "none." Rate the overall condition of sidewalks using the following definitions:

• 1-Fair/Poor – The sidewalk buffer or shoulder are generally not well maintained in this segment and are in fair or poor condition. There is apparent neglect and/or deterioration. (e.g., is sand swept from the shoulders to allow for safer biking?). Example: Fair/Poor condition

Shoulder Sidewalk Buffer





• 2-Good/Excellent - The sidewalk buffer or shoulder are generally well maintained in this segment and are in good or excellent condition. There is little or no apparent neglect and/or deterioration. Examples: Good/Excellent condition





Q13. Crosswalks and Signage

Check the appropriate boxes regarding whether the segment includes crosswalks, crossing signals ("walk" and "don't walk" lights), pedestrian signs, and children at play signs. If none of these features exist check "none." Rate the overall condition of these features using the following definitions:

- 1-Fair/Poor The crosswalks, signals and pedestrian signs are generally not well maintained in this segment, are hidden, and/or are in fair or poor condition. There is apparent neglect and/or deterioration (e.g., are the crosswalk lines brightly painted or otherwise made visible to drivers and pedestrians? Are crossing signals in working order? If you answer no to these questions, then the signs/signals are considered to be in poor or fair condition.) Examples: No photo available
- 2-Good/Excellent The crosswalks, signals and pedestrian signs are generally well

maintained in this segment and are in good or excellent condition. There is little or no apparent neglect and/or deterioration. <u>Examples: Good/Excellent condition</u>

Crosswalk





#### Q14. Other Safety Features

Check off any other pedestrian friendly features available in the segment including traffic lights, stop signs, yellow school flashing lights, speed bumps and public lighting. If none of these features exist check "none." Use the comment box to note other features or places where you might recommend improving safety features.

#### Q15. Road/Traffic Characteristics

Indicate all road types found in the segment including paved multi-lane roads (three or more lanes), paved single lane roads (one or two lanes) and unpaved roads.

Next indicate the road condition, either Poor/fair (roads are generally not well maintained in this segment. There is apparent neglect and/or deterioration) or Good/excellent (roads are generally well maintained in this segment. There is little or no apparent neglect and/or deterioration).

Note the posted maximum speed limits found in the segment. Indicate whether there is no speed limit posted.

Indicate what level of traffic volume you witness in the segment:

- *High traffic volume:* There is a steady stream of significant traffic traveling through the segment
- *Medium traffic volume:* There is noticeable, but not constant traffic traveling through the segment
- Low traffic volume: There is little or no traffic traveling through the segment

#### O16. Barriers

Indicate any significant barriers to pedestrian and bike traffic in the segment, including a highway, train tracks, posted private property, industrial zone, natural features (e.g., a river, thick woods, steep terrain) or other obstacle. If no barrier or obstacle exists, check "none."

#### Q17. Connectivity

Indicate whether non-vehicular routes such as sidewalks, bikepaths or trails connect this segment with other parts of community/attractions, including attractions such as schools, commercial districts and parks or with other segments or roads. If they are available in this segment, rate the overall condition of these connectors using the following definitions:

- 1-Fair/Poor The connectors are generally not well maintained in this segment and are in fair or poor condition. There is apparent neglect and/or deterioration.
- 2-Good/Excellent The connectors are generally well maintained in this segment and are in good or excellent condition. There is little or no apparent neglect and/or deterioration.

#### LAND USE

If there is any residential settlement in the segment, even if it is not the primary land use, please answer the following questions. If there are no homes in the segment, check "none."

#### Q18. Residential

In the first column of question 14, please indicate how densely settled the segment is by checking one of the following options:

• *Densely settled* – Residences are located close to one another with little or no open space between each structure. It is possible to see several other structures from each residence. Example:



• *Moderately densely settled*- Residences are spaced out with moderate open space between each structure. It may be possible to see some other structures from each residence. Example:



• Not densely settled (dispersed) – Residences are located very far distances from one another with vast space between each structure. It is not possible to see other structures from each residence. Example:



In the second column, please note the housing types present (single family detached, multi-family/apartments, mobile homes, other types, none) and in the third column select the overall condition of the homes in the segment using the following definitions:

• 1-Fair/Poor – The homes are generally not well maintained in this segment and are in fair or poor condition. There is apparent neglect and/or deterioration. Example:



• 2-Good/Excellent - The homes are generally well maintained in this segment and are in good or excellent condition. There is little or no apparent neglect and/or deterioration. Example:



Use the comment box to note other observations on residential patterns that may be relevant to activity-friendliness.

#### Q19. Public/civic

Please check off all of the public or civic buildings/offices/facilities located in the segment including:

- Library
- Museum
- Community center
- Post office
- *Community offices*
- Courthouse
- Police station
- Fire station
- Church/religious building
- Hospital/health center
- Athletic fields/courts
- Playground
- Other (please specify)
- None

In the third column, please select the overall condition of each building/office/facility that is present in the segment using the following definitions:

- 1-Fair/Poor The building/office/facility is generally not well maintained and is in fair or poor condition. There is apparent neglect and/or deterioration.
- 2-Good/Excellent The building/office/facility is generally well maintained and is in good or excellent condition. There is little or no apparent neglect and/or deterioration.

#### Q20. Commercial

Please check off all of the commercial buildings located in the segment including:

- Restaurant/café
- Bar
- Food market
- Theater
- Gas station
- Convenience store

- Small retail store
- Big box retail store
- Fitness center
- Private medical office
- Private other office
- Office building
- Other (please specify)
- None

In the third column, please select the overall condition of each commercial building that is present in the segment using the following definitions:

- *1-Fair/Poor* The commercial building is generally not well maintained and is in fair or poor condition. There is apparent neglect and/or deterioration.
- 2-Good/Excellent The commercial building is generally well maintained and is in good or excellent condition. There is little or no apparent neglect and/or deterioration.

#### O21. Schools

Please indicate whether there are any public, private or other schools located in the segment:

- *Elementary school (public)*
- *Middle school (public)*
- *High school (public)*
- Private school
- University or campus
- Other (please specify)
- None

In the third column, please select the overall condition of each school that is present in the segment using the following definitions:

- 1-Fair/Poor The school is generally not well maintained and is in fair or poor condition. There is apparent neglect and/or deterioration.
- 2-Good/Excellent The school is generally well maintained and is in good or excellent condition. There is little or no apparent neglect and/or deterioration.

#### Q22. Industrial/agricultural

Please check off if any significant industrial or agricultural areas are present in the segment including:

• Light industrial area – small industrial buildings/facilities that cover a limited land area that do not include significant smokestacks or other industrial features (e.g. small salt/granite/sand pits, small trucking/construction business, small electrical power substation, etc.). Example – Sand pit:



• *Heavy industrial area* – large industrial buildings/facilities or complex that cover a large area of land and include smokestacks or other industrial features (e.g. large chemical or manufacturing plant, large trucking facility, large power plant, etc.). Example:



- Farmland area any agricultural, livestock, or other farmland area. Example:
- *Other* (please specify)
- None



In the third column, please select the overall condition of each industrial/agricultural area that is present in the segment using the following definitions:

- 1-Fair/Poor The area is generally not well maintained and is in fair or poor condition. There is apparent neglect and/or deterioration.
- 2-Good/Excellent The area is generally well maintained and is in good or excellent condition. There is little or no apparent neglect and/or deterioration.

#### Q23. Stop Time

Please indicate at what time you completed the Segment Assessment.

#### Q24. Time to complete assessment

How long did it take you to complete the Segment Assessment?

#### SUBJECTIVE ASSESSMENT

Questions 25 and 26 are to gather your overall subjective opinion regarding the walkability and aesthetic quality of the segment. These questions should be answered **last**, that is, after the rest of the Segment Assessment tool has been completed in its entirety for the segment. Please check off how strongly you agree with each of the following statements (choose only one answer for each question – Strongly agree, Agree, Disagree, Strongly disagree):

Q25. How strongly do you agree with the following statement?

"This segment is walkable."

#### Q26. How strongly do you agree with the following statement?

"This segment is aesthetically pleasing."

For both subjective assessment questions, it may be of use to note any comments about the segment that you feel would be useful in the overall assessment of the segment.

#### **GENERAL CONDITIONS**

Questions 27-29 are meant to capture current environmental conditions when you completed the Street Segment Assessment. These conditions may impact some of the objective and subjective observations on this assessment.

Q27. Season – please check off whether it is currently Winter, Spring, Summer, or Fall

Q28. Current weather conditions – please indicate the temperature, whether it was sunny/clear, partly cloudy, overcast, raining, snowing or some other weather condition when you conducted the segment assessment.

Q29. Day of week – please indicate whether today is a weekday, weekend, or holiday.

\*This completes the Street Segment Assessment portion of the RALA Tools. Please proceed to the next page for guidance on filling out the Program and Policy Assessment.