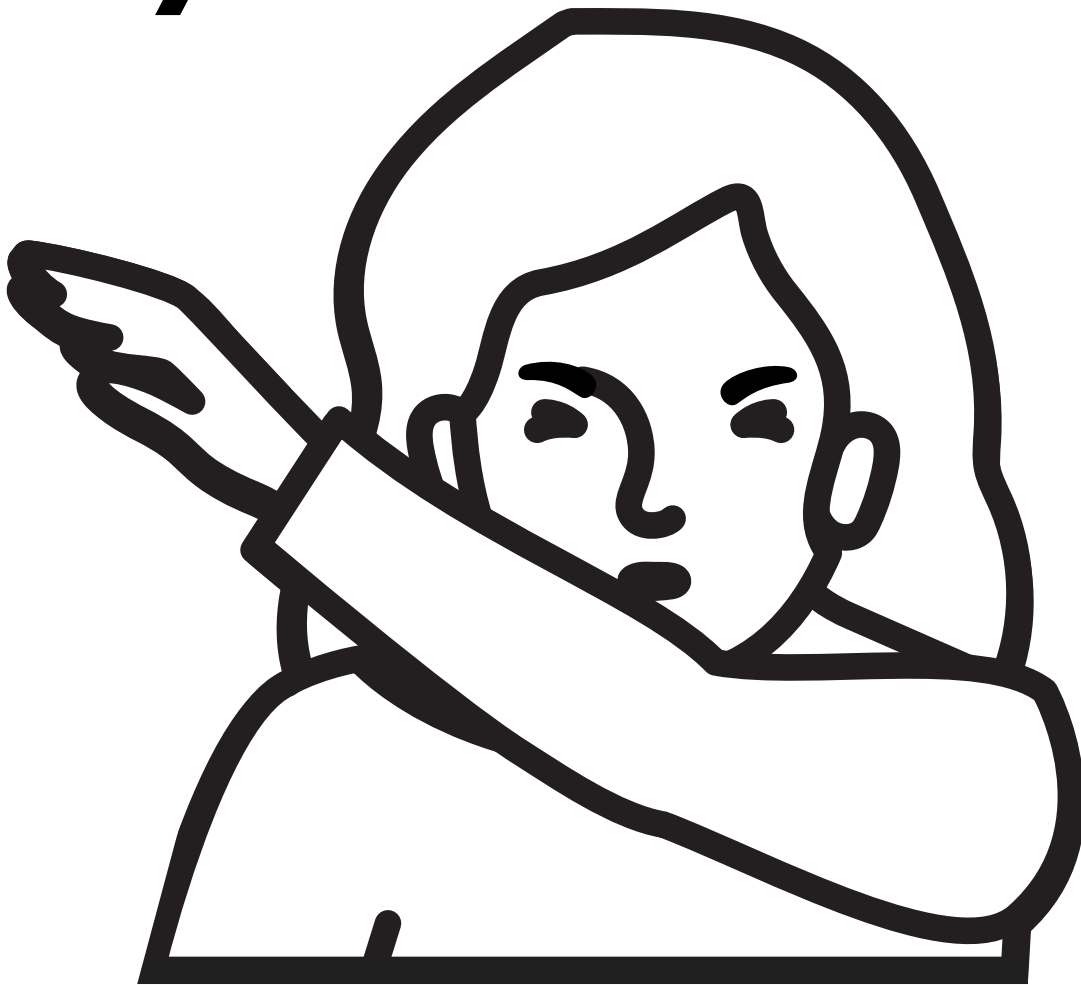


**Sneeze and cough into  
your sleeve or into a  
tissue and throw it  
away**



**PROTECT YOURSELF  
AND OTHERS**

North Bay Parry Sound District  
**Health Unit**



**Bureau de santé**  
du district de North Bay-Parry Sound