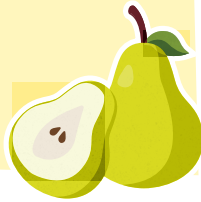


Northern Fruit and Vegetable Program 2019 Menu

January

- 7th
Carrots
Apples
- 14th
Mini Cucumbers
Pears
- 21st
Celery and Dip
Clementines or Mandarins
- 28th
Mini Peppers
Pineapple



February

- 4th
Grape Tomatoes
Cantaloupe
- 11th
Broccoli and Dip
Clementines or Mandarins
- 18th
Family Day – No Delivery
- 25th
Carrots
Apple Chips



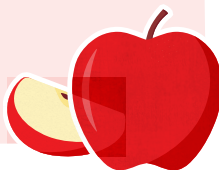
March

- 4th
Mini Cucumbers
Honeydew Melon
- 11th
March Break – No Delivery
- 18th
Celery and Dip
Pears
- 25th
Mini Peppers
Apples



April

- 1st
Grape Tomatoes
Cantaloupe
- 8th
Broccoli and Dip
Apple Chips
- 15th
Carrots
Applesauce
- 22nd
Easter – No Delivery
- 29th
Mini Cucumbers
Pears



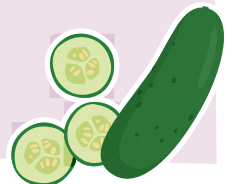
May

- 6th
Celery and Dip
Apple Chips
- 13th
Mini Peppers
Pineapple
- 20th
Victoria Day – No Delivery
- 27th
Grape Tomatoes
Honeydew Melon



June

- 3rd
Broccoli and Dip
Applesauce
- 10th
Carrots
Apple Slices
- 17th
Mini Cucumbers
Pears



Items subject to change based on product availability and quality.