

STAY ON YOUR FEET

Nutrition Programs and Services in East Parry Sound



Dietitian Support

Health Connect Ontario (previously Telehealth Ontario)

Phone: 811

Online: healthconnectontario.health.gov.on.ca

Telephone or online support, covered by OHIP.

Home and Community Care Support Services - North East

Phone: 310-2222 (no area code)

Support for clients who are homebound, covered by OHIP.

Diabetes Education Centre Muskoka Algonquin

Phone: 705-789-2311 ext 2312

Location: 150 Huston St, Burk's Falls

Contact Huntsville for more information about services in Burks's Falls. Support for clients with prediabetes and diabetes, covered by OHIP.

Shoppers Drug Mart Online Dietitian Services

Phone: 1-844-668-6012

Online: Search for Shoppers Drug Mart dietitian services

Telephone appointment for a variety of program options, for a fee.

Grocery Delivery

Zip Taxi & Delivery

Phone: 705-571-9479

Email: zipzburksfalls@outlook.com

Grocery delivery service charging from Burk's Falls.

Services South River to Novar



Current as of August 2022

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Community Food Programs

South River Community Garden

Phone: 705-386-2573

Location: 63 Marie St., South River
Contact for details.

Sundridge Community Learning Garden

Phone: 705-316-0010

Location: 140 Main St., Sundridge
Focus on producing vegetables and herbs using sustainable and accessible methods.

CSS Hot & Frozen Meals

Phone: 1-888-521-0000

Location: 8 King St., Powassan.
Multiple locations
Hot and frozen meals pick up or delivery, for a fee.

Emergency Food Services

Burk's Falls and District Food Bank

Phone: 705-380-4669

Location: 150 Huston St., Burk's Fall
Contact for details.

Good Happenings Food Bank

Phone: 705-386-2615

Location: Hunter St. S., South River
Contact for details.

Sundridge Food Bank

Phone: 705-384-7017

Location: 78 Ontario St., Sundridge
Contact for details.

For more information:
healthy.living@healthunit.ca
or 1-800-563-2808 ext. 5210



North Bay Parry Sound District

Health Unit



Bureau de santé
du district de North Bay-Parry Sound