

DISCUSS

- Opioid Overdose Prevention
- Signs of Overdose
- **Step 1:** Shake & Shout
- **Step 2:** Call 911
- **Step 3:** Give Naloxone
- **Step 4:** Rescue Breathing and/or Chest Compressions
- **Step 5:** Reassess
- Aftercare
- Naloxone Care & Refills

NASAL NALOXONE ADMINISTRATION



Source: ADAPT Pharma Canada

TILT the person's head back.

HOLD the device with your thumb on the bottom of the plunger and 2 fingers on the nozzle.

PLACE and hold the tip of the nozzle in either nostril until your fingers touch the bottom of the person's nose.

PRESS the plunger firmly to release the dose into the person's nose.

INJECTABLE NALOXONE ADMINISTRATION



Source: BC Centre for Disease Control

TAP ampule to send all liquid to the bottom.

SNAP open the ampule by breaking off the top.

PULL plunger to draw up liquid.

INJECT into muscle in the arm or leg. Press plunger all the way down.

carrynalox**ONE**
GET READY. GET TRAINED. SAVE LIVES.

**BEFORE
YOU GIVE A
NALOXONE KIT**



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OPIOID OVERDOSE PREVENTION

- overdose risk factors and prevention
- overdose myths

SIGNS OF OVERDOSE

- recognizing opioid overdose
- the difference between nodding and overdose

STEP 1: SHAKE & SHOUT

- providing stimulation to an unresponsive person by shouting their name or shaking their shoulders

STEP 2: CALL 911

- importance of calling 911 if the person is unresponsive
- Good Samaritan Drug Overdose Act
- communicating with the 911 operator & first responders

STEP 3: GIVE NALOXONE

- administering naloxone (1 spray into nostril, or inject 1 vial or ampoule into arm or leg)

STEP 4: RESCUE BREATHING AND/OR CHEST COMPRESSIONS

- perform rescue breathing and/or chest compressions as trained

STEP 5: REASSESS

- if there is no improvement after 2-3 minutes, administer another naloxone dose(s) and continue rescue breathing and/or chest compressions
- staying with a person until EMS arrives or for 2 hours if 911 not called

AFTERCARE

- how long the effects of naloxone last

- why a person shouldn't use more drugs right after an overdose
- watching for the return of overdose symptoms
- putting the person into the recovery position

NALOXONE CARE & REFILLS

- storing naloxone (temperature)
- keeping naloxone handy and monitoring the expiry date
- how to get refills

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