

Like, Love or Leave

Links to Family Life Curriculum

Grade Level 3- 8

Objective: To get students thinking about their values and beliefs relating to behaviours in friendships and romantic relationships.

Gender Disclaimer: This game references the terms ‘boyfriend’ and ‘girlfriend’ which are not gender inclusive terms. This means that it excludes some people who do not identify with the genders ‘boy’ or ‘girl.’ This was wrong when the game was created, and it is still wrong. These terms do not allow for full representation of all genders, including persons who identify as trans, gender non-binary, genderqueer, gender non-confirming or gender fluid. Some non-binary people may be comfortable with and use the terms ‘boyfriend’ or ‘girlfriend’ - and others will not. So, when using this game as a class, acknowledge the harmful impact of using non-inclusive terms and either suggest inclusive terms or share a conversation about which terms could be used to inclusively represent people of all genders when talking about romantic partners. Examples might include my partner, the person I am dating/seeing, my person, my crush, or my datemate.

Grade 3

A2.2 explain why it is important for people to think about how they express their feelings.

A3.2 describe some differences in the way in which people express feelings.

B2.2 describe some of the pleasures and challenges of friendship.

B3.5 analyze the concept of friendliness.

Grade 4

A2.3 recognize that all people need others to help them grow.

A2.4 recognize the importance of becoming more sensitive to other people’s feelings.

A3.1 identify some similarities and differences among their classmates.

A3.4 analyze situations in which people can affect others by what they do or say.

B2.4 explain why people have to learn to be a friend in order to have friends.

B3.4 identify and distinguish between effective and ineffective strategies for making friends.

C1.2 recognize and appreciate the importance of the love and care they receive from their families and from other people.

Grade 5

B2.3 recognize that some friendship difficulties are a normal part of growing up.

C3.3 identify some of the social and emotional changes related to puberty.

Grade 6

B1.1 recognize and appreciate the value of their relationships with family members and friends.

B1.3 recognize and appreciate the value of true friendship.

B2.1 explain the importance of relationships in the lives of each person.

B2.2 recognize and appreciate the value of honest communication with family members and friends.

B3.5 identify changes in friendship as people develop.

B3.6 identify and analyze stressful friendship situations.

E1.1 appreciate the need to be aware of influences on themselves and of their capacity to influence others.

Grade 7

A1.1 recognize and appreciate the need to express emotions in a way that reflects respect for oneself and for others.

A2.3 explain the meaning of emotions and describe some common effects of adolescence on a person's emotional life.

B1.1 recognize and appreciate the role that human relationships play in each person's life B1.2 recognize and appreciate the contribution of friendship to their growth as persons.

B2.1 describe three significant aspects of relationships: intimacy, choice, and quality.

B2.4 recognize and appreciate the need to understand the challenges of friendship and learn from them.

B3.1 analyze some guidelines for open and respectful communication with family members and friends B3.2 create examples of scenes involving family members or friends that follow the guidelines for open and respectful communication.

B3.5 analyze friendship from the perspective of the lessons it provides and of the qualities of healthy relationships.

B3.6 analyze some early adolescent friendship challenges.

Grade 8

B1.1 recognize and appreciate the value of relationships in their lives.

B1.2 recognize and appreciate the value of the relationship of friendship.

B2.1 explain the meaning of relationship and its importance in human lives.

B2.4 recognize that some stressful situations in friendship can be avoided.

B3.3 describe the abilities that true friends demonstrate in their friendships.

B3.4 identify and examine behaviours and attitudes that cause stress in friendship.

C2.2 recognize and appreciate the need to develop all aspects of their lives, including friendships with people of the opposite sex.