

## Hand Hygiene Resource Kit

Included in the kit is:

- Healthy Hands – Hand Hygiene Resource Manual Ages: 4 – 14
- I wash my hands – Stickers
- Glitter bottles (one red, one silver)
- Glow Germ Kit: LED UV Lamp; Powder 4 oz.; Mini Gel 2 oz.

Healthy Hands: Hand Hygiene Resource Manual, Ages: 4-14 has been developed in accordance to The Ontario Curriculum to support North Bay Parry Sound District teachers, students, and their families learn about the importance of proper hand hygiene, such as hand washing. This resource provides lesson plans, activities, and materials for teachers to use to educate students about germs, how germs are spread, and how to prevent the spread of germs through proper hand washing. The lesson plans and activities are intended to assist teachers to help incorporate healthy hand hygiene into the daily routine of every child. The ultimate goal is to educate students about proper hand hygiene in order to reduce the incidence of gastro-enteric and respiratory infections and the consequences that accompany the transmission of such communicable diseases.



For further information, please contact the Communicable Disease Control Program staff at 705-474-1400 or 1-800-563-2808, ext 5229.