

# BEFORE YOU GIVE A NALOXONE KIT

Go over this checklist with every person who gets a naloxone kit. If it is someone's first time getting a kit, make sure you review each item in the list below. For naloxone refills, you may only need to review parts of this information.

## OPIOID OVERDOSE PREVENTION

- overdose risk factors and prevention
- overdose myths

## SIGNS OF OVERDOSE

- recognizing an opioid overdose
- the difference between nodding and overdose

## STEP 1: SHOUT & SHAKE

- providing stimulation to an unresponsive person by shouting their name or shaking their shoulders

## STEP 2: CALL 911

- the importance of calling 911 if the person is unresponsive
- Good Samaritan Drug Overdose Act
- communicating with the 911 operator and first responders

## STEP 3: GIVE NALOXONE

- administering naloxone (1 spray into nostril, or inject 1 vial or ampoule into arm or leg)

## STEP 4: RESCUE BREATHING AND/OR CHEST COMPRESSIONS

- perform rescue breathing and/or chest compressions as trained

## STEP 5: REASSESS

- if there is no improvement after 2-3 minutes, administer another naloxone dose(s) and continue rescue breathing and/or chest compressions
- staying with a person until EMS arrives or for 2 hours if 911 not called

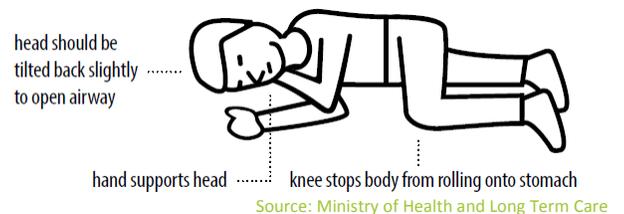
## AFTERCARE

- how long the effects of naloxone last
- why a person shouldn't use more drugs right after an overdose
- watching for the return of overdose symptoms
- putting the person into the recovery position

## NALOXONE CARE AND REFILLS

- storing naloxone (temperature)
- keeping naloxone handy and monitoring the expiry date
- getting refills

## RECOVERY POSITION



## NASAL NALOXONE

### TILT HOLD PLACE PRESS



Source: ADAPT Pharma Canada

## INJECTABLE NALOXONE

### TAP SNAP PULL INJECT



Source: BC Centre for Disease Control