

Medical



Social

Groce

Transportation Service

Who is eligible?

Service Location

Transportation for:

Nipissing District

Au Chateau

705-753-7116 Office Hours: Monday to Friday 8 a.m. to 4 p.m.

No age requirement

Escort may be required to support mobility.

West Nipissing

Travel to North Bay and Sudbury.





Accessible Vehicle: Yes

Canadian Cancer Society

1-888-939-3333 Office Hours: Monday to Friday 9 a.m. to 5 p.m.

Living with cancer diagnosis

Electronic referral completed by member of clinical team.

Nipissing District, Parry Sound, & Almaguin

Medical travel up to 400km one way.



Accessible Vehicle: No

Canadian Red Cross

705-472-5760 Office Hours: Monday to Friday 8:30 a.m. to 4:30 p.m.

60 years of age +

Nipissing District

Medical Travel to Huntsville and Sudbury.





Accessible Vehicle: No

Cassellholme Community Support Services

705-474-4250 ext. 789 Office Hours: Monday to Friday 8 a.m. to 4 p.m.

65 years of age +

Lives at Castle Arms or at an approved seniors' building

North Bay

Will travel outside of North Bay for special occasions.





Accessible Vehicle: Yes

Metis Nation of Ontario

705-474-2767 Office Hours: Monday to Friday 8:30 a.m. to 4:30 p.m.

Older adults and approved clients with physical or financial barriers regardless of age.

North Bay District

Coordinator will assist arranging travel outside of district for those eligible.





Accessible Vehicle: Yes

North Bay Indigenous Friendship Centre

705-472-2811 Office Hours: Monday to Friday 8:30 a.m. to 4:30 p.m.

All Ages, Urban Indigenous People Registration required.

Live in the City of North Bay



Accessible Vehicle: No







Transportation Service	Who is eligible?	Service Location	Transportation for:	
Nipissing District (Continued)				
North Bay Limousine Services 705-474-7942 Office Hours: Monday to Friday 6 a.m. to 8 p.m.	Must be able to self-transfer	Nipissing District Will travel outside of district.	Accessible Vehicle: Yes	
North Bay Transit (Para-Bus) 705-476-5530 Office Hours: Monday to Friday 7 a.m. to 5 p.m.	Unable to access conventional transit. Eligibility considered caseby-case.	Within urban boundaries of North Bay	Accessible Vehicle: Yes	
5-0 Cab 705-476-5050	No specific eligibility criteria	North Bay and area	Accessible Vehicle: No	
Belanger Taxi 705-744-5722	No specific eligibility criteria	Primarily Mattawa and North Bay Will travel to Sturgeon Falls and Sudbury.	Accessible Vehicle: No	
North Bay Transit (City Bus) 705-474-0419	Public Transit Service	No residency requirement Bus stops located across North Bay.	Accessible Vehicle: Yes	
U-NEED-A-CAB 705-497-7777	No specific eligibility criteria	North Bay and area	Accessible Vehicle: Yes	
Uride	No specific eligibility criteria Must download the app	Pick up in North Bay, Redbridge, Corbeil.	Accessible Vehicles: No	
North Bay Parry Sound District Health Unit		West Parry Sound District	M CANADODE	







Canadian **Red Cross** **Croix-Rouge** canadienne









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Who is eligible?

Service Location

Transportation for:

Parry Sound District

Dokis First Nation

705-763-2112

Office Hours: Monday to Friday 8:30 a.m. to 4:30 p.m.

Band member or member with Indian status

Dokis First Nation resident

Will travel to North Bay, Sudbury, and Sturgeon Falls.



Accessible Vehicle: No

East Parry Sound Community Support Services

1-888-521-0000/ 705-724-6028 Office Hours: Monday to Friday 8 a.m. to 4 p.m.

Older Adults +

Services available to approved clients who are impacted by illness, recovery, or disability regardless of age

East Parry Sound District

Will provide travel outside of district for medical appointment and provide travel for clients in transportation gap areas.



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Accessible Vehicle: Yes

Henvey Inlet First Nation

1-866-252-3330

Office Hours: Monday to Friday 8:30 a.m. to 4:30 p.m.

Band member or member with Indian status

Henvey First Nation resident

Will travel to Parry Sound, Sudbury, and Britt



Accessible Vehicle: Yes

Magnetawan First Nation

705-383-1047

Office Hours: Monday to Friday 8 a.m. to 4 p.m.

Band member

Magnetawan First Nation resident

Will travel to outside regions (call to arrange).



Accessible Vehicle: Yes

Parry Sound Friendship Centre

705-746-5970

Office Hours: Monday to Friday 8:30 a.m. to 4:30 p.m.

All Ages, Urban Indigenous People

For both registered and nonregistered participants

City of Parry Sound

Will travel to surrounding First Nation communities if required



Accessible Vehicle: No

Shawanaga First Nation

705-366-2378

Office Hours: Monday to Friday 9 a.m. to 4:30 p.m.

Band member

(call for more information)

Shawanaga First Nation resident

Will travel to Toronto and Sudbury.



Accessible Vehicle: Yes





Grocery

Transportation Service	Who is eligible?	Service Location	Transportation for:	
Parry Sound District (Continued)				
Wasauksing First Nation 705-746-8022 Office Hours: Monday to Friday 8:30 a.m. to 4:30 p.m.	Band member or member with Indian status. Call for more information	Wasauksing First Nation resident Will travel within Parry Sound District and beyond (with approval)	Accessible Vehicle: Call for availability	
West Parry Sound Community Support Services 705-746-5602 Office Hours: Monday to Friday 8:30 a.m. to 4:30 p.m.	Older adults + Services available to approved clients who are impacted by illness, recovery, or disability regardless of age	West Parry Sound District Will travel outside of district for medical appointments	Accessible Vehicle: Yes	
Burks Falls Taxi 705-571-9479	No specific eligibility criteria	Burks Falls Area Will travel to other areas if required	Accessible Vehicle: No	
Callander Taxi 705-752-1271	No specific eligibility criteria	North Bay to Trout Creek	Accessible Vehicle: No	
Carpool Almaguin explorealmaguin.ca	No specific eligibility criteria	Pick up and drop off varies Determine route on Poparide app and website	Accessible Vehicle: No	
Muskoka Taxi 705-687-2111	No specific eligibility criteria	Primarily Gravenhurst Will travel to other areas if required	Accessible Vehicle: Yes	
Parry Sound Taxi 705-746-1221	No specific eligibility criteria	Primarily Parry Sound District Pre-arranged travel to other areas	Accessible Vehicle: No	
North Ray Parry Sound District		SING WELLNESS NBISTA		







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